

# Black History

Black History Month is October. It's not just a month to celebrate the continued achievements and contributions of Black people to the UK and around the world. It's also a time for continued action to tackle racism, reclaim Black history, and ensure Black history is represented and celebrated all year round.

This year, we want to recognise the achievements and contributions that Black people make to the UK every day – from the Black people working on the Covid-19 frontline in our hospitals, care homes, schools, supermarkets and warehouses, to the children and young people leading the fight for equality in the classroom, to the household names using their platforms to push for change.

## Theme for 2022

### **Our theme for Black History Month 2022 is Time for Change: Action Not Words.**

To get to a better tomorrow, we can't just focus on the past. We need to come together around a shared common goal to achieve a better world for everyone. To ensure real change, we need real support from our allies. It's time to reset your mindset and support us with actions, not words. Join with us, see something, say something, don't be a passive bystander. Not just at the weekend in the club or playing sports, but on the street, in shops, at work. In the workplace, in places of education and learning, and in the public sphere, this means having policies in place that achieve real outcomes. As an individual, it means practising what you preach. In the wake of 2020's Black Lives Matter protests, many organisations and individuals committed to tackling racism.

## LINK

[Black History Month 2022 - Black History Month 2022](#)

## Further info

A number of recent reports have called out racism across a range of sectors, from international aid and education to healthcare and policing. As a society, we all know there is a problem with institutional racism. Now we need to work together to tackle it.

Black History Month is a time to celebrate black history, heritage and culture, and the iconic figures that have contributed so much, but this year, let's make it about so much more. If you're serious about discrimination, it's Time for Change: Action Not Words.