

# Skills for Life

## Literacy and Numeracy



Skills for Life is a national strategy aimed at improving numeracy and literacy standards of adults. Courses are offered in Literacy and Numeracy, as separate curriculum areas, working towards a Level 1 or Level 2 qualification in each area. Level 1 qualifications are equivalent to GCSE grades D - F and Level 2 equates to Grades A - C.

We can deliver these courses within NVQ workshops or as stand-alone sessions. The aims of the courses are to:

- Improve the literacy and numeracy skills of learners
- To support the requirements of the NVQ courses
- To improve skills and confidence with work-based tasks

### Topics can include:

- Reading activities
- Writing skills
- Spelling
- Grammar
- Multiplication
- Fractions
- Percentages
- Charts

Courses delivered alongside the NVQ qualification will be integrated into the planned workshop hours and stand-alone sessions will generally be 1-2 hours long, depending on candidate availability. The course content is tailored to each individual's needs and can be as specific or general as the learner requires.

To achieve the qualification, candidates will be required to complete a multiple-choice test through the approved exam board, this is necessary for you to be able to access funding for the tutoring. Tests can be taken on-line or paper-based, and last 60 or 75 minutes depending on subject.

For further information about the delivery of this award please contact  
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