

# Aurelia News

Edition 5 August 2020

## This Edition

**Craig Burns, Community Sport and Health Officer (CSHO) L3 Apprenticeship, Partnership with Community Group Ltd & Pertemps and Steve Johns talking about Disability Sports.**

### Aurelia's Newsletter Bio!

Each Newsletter will feature a staff member from Aurelia.

This month: **Craig Burns**



So, time to introduce myself

My name is Craig Burns and I am a trainer/assessor with Aurelia Training Ltd.

I have worked at Aurelia for 13 years, my working life began as a plumber but redundancy meant a change to my career prospects and saw me working in a production environment where I progressed to Production Supervisor. When redundancy reared its head again, I moved on to become a Custody Officer for West Midlands Police which provided a wide range of experience. The roles I had before starting with Aurelia have all contributed to my role as an assessor/trainer.

The range of experience has helped me immeasurably in writing and delivering courses in Management, Advice & Guidance and Customer Service and has given me a good insight into the different working environments my learners find themselves.

Sport is a love of mine specifically Rugby and Golf. I am a member of Kenilworth Golf Club and I have been a player (retired), committee member and team manager for Stoke Old Boys RFC for some time. I headed our Charity for Prostate Cancer where we raised £5000 in one season, arranging events such as 'MEN GET TESTED' along with other members to promote awareness and encourage testing at the rugby club and wider in the community. I am also a very proud part of the organising the social activities at the rugby club, namely nights out, weekends away and any 80's nights.

Look forward to seeing you soon.

### Safeguarding and Wellbeing

As always we are still looking out for our learners, Please stay safe.

**Gina Smith** our Designated Safeguarding Lead will be able to offer advice or refer any concern to the relevant agency. Contact: [gs@aureliatraining.com](mailto:gs@aureliatraining.com) or call : **07384214574**.

**Debs Wilson** is looking after you're wellbeing, If you need any advice or support please send us a message via Facebook or to [dw@aureliatraining.com](mailto:dw@aureliatraining.com)

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## Hot off the Press!

We are excited about the latest course and partnership we have developed with Pertemps and Community Group Ltd where we will be delivering the Community Sport Health Officer Level 3 award to Bournville RFC, this project is already looking to be rolled out to other rugby clubs so watch this space for exciting updates.



## Community Group Ltd. join forces with Aurelia and Pertemps to support Bournville's aspiring coaches

Community Group Ltd. are delighted to announce a partnership with Aurelia Training and leading recruitment firm Pertemps to deliver apprenticeships for aspiring coaches at Bournville Rugby Club

This will see 30 players complete the Level 3 Community Sport Health Officer Apprenticeship, enabling them to actively coach and support junior and adult group rugby at our partner club.

They will also have the opportunity to help increase sports engagement within primary and secondary schools through Bournville's community.

To read the full article, and read about the link between them and Aurelia. take a look at the Community Group Website <https://www.pertemps.co.uk/about-us/latest-news/company-news/pertemps-and-aurelia-team-up-to-support-community-venture/>

If you would like further information on how to work with the Community Group and have players/colleagues sign on to the Apprenticeship then please get in touch.

## Community Sport and Health Officer Level 3 Apprenticeship

Role Overview: Engaging people in sport and physical activity across local communities

**The key role of a Community Sport and Health Officer (CSHO)** is to initiate behaviour change in the local community engaging people in sport and physical activity.

Employers are likely to be from the private, public & charitable sector and delivering business activities in the fields of leisure, sport, youth work, youth justice, outdoor education, or public health.

A CSHO requires a comprehensive understanding of the principles of behaviour change; an ability to adapt delivery to suit different groups in society; knowledge of how to manage and lead colleagues or volunteers; practical experience of how to develop and devise appropriate sports or physical activity programmes; and the expectations of collaborative work with a network of partners / stakeholders. The role is a flexible one and in this role individuals can expect to work varied and unsociable hours, including evenings / weekends, and during school holiday periods.

**You will cover Knowledge, Skills & Behaviours in the following areas amongst others:**

### Knowledge

- How to plan programmes of engaging and innovative activities using sport and physical activity.
- Understanding the importance of physical activity and healthy lifestyles – basic understanding of nutrition, fitness to work, regular daily activity, mental well being.
- The fundamental principles of safeguarding, child protection and working with vulnerable adults.

### Skills

- Problem solving and effective decision making with regards the design and implementation of sport and physical activity programmes.
- Managing disruptive behaviour of clients and customers before, during and after activities.
- Building partnerships and developing meaningful relationships with local partners and stakeholders in sport and physical activity.

### Behaviours

- A strong work ethic including attention to detail, willingness to adapt to change, and time management.
- A positive attitude to work and act as a role model within their local community.
- Ability to work individually and as a member of a team.

The **End Point Assessment** takes place at the end of the course once the standards have been met.

This will consist of:

- A panel interview
- A presentation with questions and answers
- A work based observation
- A case study challenge

For further info please see: <https://www.instituteforapprenticeships.org/apprenticeship-standards/community-sport-and-health-officer/>

**Functional Skills** - All qualifications include Maths, English. These will be delivered over the course of the programme.

**If you hold previous maths & English qualifications these may exempt you!**

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## Wheelchair Rugby/Disability Sport by Steve Johns Head of Delivery for Community Group Ltd

"My role is Head of Delivery for Community Group Ltd. For this role I oversee and support the Heads of Community in our partner clubs, Richmond, Stourbridge, Chinnor and Fylde Community Departments. I am also, through Community Group, Head of Community for Bournville RFC in Birmingham, which is where I am based.

At Bournville RFC we saw the opportunity to promote disability sport in Birmingham. Birmingham is England's second city, but it didn't have a wheelchair rugby club; the nearest clubs were in Gloucester, Leicester, Northampton and Coventry. Through our initial research and conversations we are aware that dozens of people across the city would love the chance to try out the sport and get involved in a club, and we want to make this opportunity available to them. With the support of Great Britain Wheelchair Rugby (GBWR), we ran successful taster sessions for adults each Sunday in February 2020. We also launched schools sessions in Birmingham in the beginning of March to introduce the sport to the younger generation before

Our wheelchair rugby project is much needed to ensure that Birmingham (and especially its disabled residents with a physical impairment) have a wheelchair rugby club and regular activities to attend. We have received fantastic support from Great Britain Wheelchair Rugby (GBWR) who are eager for us to bring sustainable Wheelchair Rugby provision to the City. We are also grateful for the Support of the University College Birmingham (UCB), who have been collaborating with us on facilities and ideas for long term involvement in the project. Our long term goal is to have a sustainable wheelchair rugby team that has regular opportunities for all ages to take part, and also some competitive opportunities for players against other teams."



### Just for fun!

The rugby ball's distinctive shape is supposedly due to the pig's bladder, although early balls were more plum-shape than oval.

The balls varied in size in the beginning depending upon how large the pig's bladder was.



### Useful Links - This month's links are related to funding

**CSHO** - <https://www.instituteforapprenticeships.org/apprenticeship-standards/community-sport-and-health-officer/>

**Community Group** - <https://www.community-group.co.uk/>

**Aurelia Social Media** - <https://www.aureliatraining.com/>

 <https://www.linkedin.com/company/aurelia-training-ltd>

 <https://www.facebook.com/Aurelia-Training-339381249413113/>

 <https://twitter.com/AureliaTraining>

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